



## Vaginal Birth After Multiple Cesareans (VBAMC)

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### White Papers

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ACOG revised its guidelines a few years ago to restrict Vaginal Birth after 2 Cesareans (VBA2C) only to those who have had a prior vaginal birth. However, the Society of Obstetricians and Gynaecologists of Canada (SOGC) does not restrict VBA2C only to those with a prior vaginal birth. The topic remains controversial.

Studies since the ACOG guideline revisions have found encouraging results about VBAMC, and other studies have pointed out the risks of multiple repeat cesareans. As a result, several authors have called for a revision of ACOG's guidelines on VBAMC.

In practice, with the backlash against VBAC of all types, many women are finding it difficult to find providers supportive of VBAMC at all. However, even though it may be difficult to find supportive providers, there are still women who are having VBACs after more than 1 cesarean.

See the links below for more information.

- Follow this [link](#) to a FAQ citing research about VBAMC during and before the year 2000.
- Follow this [link](#) for a review of newer VBAMC research and a discussion of ACOG's revision of guidelines.



- Follow this [link](#) for some VBAMC stories including VBACs after two, three, four, and more cesareans.

- Go [here](#) to read the study "Risk of Uterine Rupture with a Trial of Labor in Women with Multiple and Single Prior Cesarean Delivery" printed in the journal *Obstetrics & Gynecology* in 2006.

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